



# Andrea De Sousa Marques

Stewardess/ Masseur

## Details

- ✉ andrea.dsm@hotmail.com
- ☎ +27 761905347
- 📍 South Africa (Portuguese Passport)
- ✚ Good health, Fully vaccinated, non-smoker

## Qualifications

- STCW10
- Seaman's discharge book
- ENG1 Equivalent
- Food Safety level 2
- Swedish Massage
- Remedial Sports Massage
- Bamboo Massage
- Cupping

## Related Skills

- Au pair/ Nanny
- Adobe Lightroom & Photoshop
- Dog trainer
- Artistic

## Hobbies and Passions

- My belgian Malinois, Stella
- Dog training
- boxing
- horse riding
- reading, yoga, hiking

## Profile

I offer a unique set of skills through massage, working as a personal assistant and through all of my experience on board.

I am looking for a long term position to both showcase and grow my skills.

I have 28 years experience in this thing we call life and I would love to continue learning.

Currently in the process of getting my B1/B2 Visa

## Maritime Experience

### Temporary House keeper- M/Y Luna -114m 25 Aug - 20 October 22 (Private)

Key responsibilities:

- Daily Housekeeping duties including detailing guest & crew areas, crew mess and laundry
- Crew uniform management and inventory
- Long term maintenance planning

### Junior Stew/ Masseur - S/Y Aresteas 50m 30 July- 19 August 22 (Charter/Private)

Key responsibilities:

- Preparing fruit bowls, fresh juice & cheese platters
- Detailing of cabins, salons and all other interior areas
- massages upon request
- Turn ups and turn down for charter guests
- Laundry for both crew and guests
- Assisting in the galley when I had time

### 3rd Stew/ Masseur - M/Y Olmida 49m 19 April - 19 July 22 (Private)

Key responsibilities:

- Setting breakfast tables for owners
- Preparing fruit bowls and fresh juice
- Providing massages upon request of owners and guests
- Assisting with Lunch and Dinner Service
- Caring for both crew and guest laundry
- Maintenance of the crew mess

## **References**

- Natalie Balfe – Head of House-  
M/Y Luna;  
nataliebalfe@yahoo.com
- Iain – Chief Officer M/Y Luna  
;lunachiefofficer114@gmail.com
- Captain Lukas Welmans-M/Y  
Olmida-  
captain@yachtolmida.com
- Devin @ balancing touch: +27  
74 690 1111
- Dr Hitesh Diar:  
diar.paed@gmail.com

## **Temporary 2nd Stew – M/Y Best Off –33M 11/03/2022–20/03/2022 (Charter)**

Key responsibilities:

- Welcoming guests on board
- Turn ups and turn downs of cabins.
- Laundry of both crew and guests
- Serving guests coffee, Champagne and helping  
chief stew with dinner service

## **Massage Experience**

### **Andrea Marques Massage Therapy January 2020 – January 2022**

I ran and operated my own massage business from home as well as travelling to patients:

- Welcoming patients and taking a brief medical history
- Doing a postural analysis
- Setting up my massage room to provide the best and most relaxing environment I can
- Decreasing pain and helping patients with chronic pains
- Treating athletes with injuries before and after events.
- Treating other massage therapists to help keep them in top form.

## **Other Experience**

### **Dr Hitesh Diar – Personal assistant January 2018– January 2022**

Key responsibilities:

- Booking appointments
- Filing and general admin work
- Submitting claims to medical aid
- Booking Flights
- Collecting outstanding payments
- Purchasing office supplies
- Ensuring the Doctor had coffee always
- Decorating and furnishing the office