

Teniele Theophilus

Email: jenae.theo@gmail.com

Phone/ WhatsApp: (+27) 84 644 1128

Nationality: South African

Current location: Cape Town, South Africa

Date of birth: 13 October 1995

Marital status: Single

Language: English



OBJECTIVE:

I am creative, hard working and very ambitious. I have a positive outlook on life with a great sense of humour. I get along with people easily and am a team player. My background in performing arts and teaching allows me to be versatile and improvise in any situation. I am articulate with all levels of employees and have very high morals. I am highly disciplined and pay attention to detail.

QUALIFICATIONS:

STCW Basic: Fire Prevention and Fire Fighting, Personal Safety and Social Responsibility (PSSR), Elementary First Aid, Personal Survival Techniques (PST)

PDSD (Proficiency in Designated Security Duties)

MCA/Highfield Food Health Safety Level II

SYSA Interior Introduction Course

SYSA Basic Food Service

PYA Introduction Wine, Bartending and Mixology

Seafarers Medical ENG 1

TEFL Universal:

2022

120- hour TEFL Certificate

New York Film Academy:

2015-2016

Acting For Film (1year): Meisner Technique, Scene Study, Acting On Film, Shakespear, Voice and Movement, Combat for Film, Improvisation, Film Making, Audition Technique, Acting Technique, Business of Acting, Performance Analysis

Legends School of Music:

2014

level 5 music Theory

Vocal Training: classical and musical theatre

Clarendon Girls High School:

matriculated 2013

Graduated with National Senior Certificate

SHORE BASED WORK EXPERIENCE:

TJ Consulting:	consultant	2022-ongoing
Event planning and projects management.		
Quotations and Invoicing		
Customer service		
working under pressure		
marketing		
organisational skills and being proactive		
business operations		
admin skills		
Power Connection:	Receptionist	2014-2021
written and verbal communication skills		
customer service		
multi-tasking and prioritizing		
dependability		
data capturing		
problem solving		
micro soft and computer literacy		
TV/FILM industry:	Actress	2015- ongoing
improvisation skills		
high confidence level		
working with people of different cultures and beliefs		
people skills and working as a team		
dependability		
working under pressure		
public speaking		

SKILLS:

Team player
Creative
Discrete when dealing with confidential information
Works well under pressure
Excellent communication skills
Possitive attitude
adaptable

REFERENCES

TJ Consulting	Mrs. Surikumari	(+27) 84 657 4755	Owner
Power Connection	Mr J.A.E	(+27) 84 657 4752	Owner
Thirdhill Entertainment	Toni	(+1) 310 786 1936	Agent
Figjam Agency	Belinda	(+27) 82 297 5875	Agent