



LAUREN AMEY

STEWARDESS

PERSONAL PROFILE

I am friendly and approachable; I learn quickly and am not afraid to ask for help. I like to pay attention to detail and being organised. I enjoy socialising on all levels, from going out to dinner with family and friends, to going on adventures and group activities. Having worked in the hospitality sector for many years in a hospital setting, having one on one contact talking and interacting with patients I feel I have transferable and relevant experience to work on superyachts. I have also have barista and food preparation experience in a café environment. I believe my previous experience with the skills learnt at UKSA make me an ideal candidate to work onboard Superyachts. I am driven, enthusiastic, kind, well disciplined, a natural leader and great at problem solving, making me an asset to any crew.

MARITIME QUALIFICATIONS

- GUEST Yacht Interior Introduction module
- GUEST Basic Food service module
- Foundation Food Safety Certificate
- GUEST Wine, bar-tending & Mixology module
- STCW Basic Safety Training
- Level 2 Award in Food Safety / Food Hygiene
- UKSA Superyacht Hospitality Training Certificate
- MCA Proficiency in Designated Security duties
- RYA Powerboat Level 2
- RYA Marine Short Range Radio
- Mental health

MARITIME EXPERIENCE

UKSA Superyacht hospitality training: 26/09/2022 – 15/10/2022

From September 2022 to October 2022 I completed the Superyacht hospitality training, which I thoroughly enjoyed. It was UKSA that I have learnt all my knowledge and aspects about the industry, along with how to maintain the highest of standards on a boat. Due of the qualifications I have attained, I now have a good understanding of how to keep safe at sea and learnt how to work as part of a team.

EDUCATIONAL HISTORY

2013-2018 - I achieved 8 GCSEs grades A-C at Shoeburyness high school where I was honoured to be prefect of the school.

2018-2020 - I studied for my A levels at Shoeburyness high school, where I achieved 2 B-C grades and I also gained a merit and I was part of the prefect and mental health team. My favourite subject at school and sixth form was Product Design/resistant materials. I obtained my highest grades in this subject and I learnt most of my practical skills too.

Silver Duke of Edinburgh Award - I completed a various amount of activities such as voluntary service, skills and physical recreation. I had to complete all of these sections for 6 months and one section I had to do for 9 months as I didn't do bronze.

Pharmacy technician degree 2020-2022 - 2 year degree completed at Basildon university hospital. I worked alongside pharmacists, dispensing medications and taking patients medications histories.

CONTACT ME AT

 lauren.Amey.la@gmail.com

 +44 7948 620292


PERSONAL DETAILS


- Date of Birth -27/05/2002
- Nationality - English
- Marital Status - Single
- Availability - Immediately
- Languages - English & Spanish
- Non smoker
- No visible tattoos
- ENG1
- Fully vaccinated (including booster)
- Driving licence - Full UK licence
- Location- UK

SKILLS

- Hospitality experience working with food and drinks.
- Experience in working in busy and demanding environments
- Patience
- Good teamworking skills
- Good communication skills
- Work well under pressure

REFERENCES

 Lathadavi Madhavan - Line manager NHS
Lathadavi.madhavan1@nhs.net
+44 7958 439794

 Michelle Crabbe - lead pharmacy technician NHS
michelle.crabbe@nhs.net
+44 7756 833485

 UKSA Ben and Holly - yacht interior module
info@thelittlegloster.com

WORK EXPERIENCE

Basildon university hospital – (2 year course- 2020-2022) I worked as a pharmacy technician gaining my 2 year qualification. I worked on the wards getting patients drug histories where we would put them onto the patients records, I also dispensed medication for patients on the wards and patients being discharged from the hospital. I worked rotationally, in the aseptic department and also within the procurement department.

Hippos café – (1 year-2019) I served people through table service, and made cold and hot drinks (through the coffee machine). I also answered the phone making takeaway orders and making takeaway orders with people who came in. I made the restaurant food as well as takeaway orders. I also participated in the cleaning up process at the end of the day, washing up throughout the day and cleaning the tables.

Pebbles one – (1 year - 2018) I worked at pebbles serving people at the counter, taking food and drink orders. I cleaned the coffee and drink dispenser machines and I helped set up and pack away in the evenings.

Perry's fish and chips shop – I worked throughout the year of 2017, serving people at the counter and taking orders. I also helped out the back, doing washing up and tidying up at the end of the day.

10th -19th July 2017, IPECO – Worked in a small team within the procurement department of a local International Aero space company. Duties included learning to create purchase orders, calling companies to enquiring after orders, wrote emails and worked in SAP operation systems to create purchase orders.

Paper round - Whilst I was in year 7 and 8 I did a paper round.