



# FRIDA HORNEIJ -STEWARDESS



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## PROFILE

After one year spent in the United States as a nanny, I am now ready for my next career step. My ability to learn new skills, meet new people and achieve new goals has led me to proceed with a career in the yachting industry. My experience as a nanny abroad and my background in service have laid a great foundation for me to become a successful stewardess. As a member of your team you will find me positive and bubbly, a true team member who will always walk the extra mile. Previous colleagues have always appreciated my ability to be efficient and to be a good multitasker.

As a person, I am very happy, positive and driven. In my free time, I like to stay active, I enjoy a healthy lifestyle where I combine exercise and getting together with friends and colleagues for activities. I love to explore the surroundings I am in, and learn about new cultures.

Capable of learning fast, I am now looking forward to developing as a junior stewardess and learning from an experienced interior team.

## EXPERIENCE

### AU PAIR/ NANNY | CULTURAL CARE

2021/10 - 2022 /10

I worked as a nanny in Miami and took care of children. I became very independent, learned how to work by myself, and take my own initiatives. Additionally, I became fluent in English.

I would love work as a nanny onboard if needed.

### HOME CARE | ÖSTHAMMARS KOMMUN

2021/02 - 2021 /09

I helped older people in their everyday lives. From medication, food, hygiene, to movement and improving my social interaction skills.

With this job, I learned to work with a timely schedule that required me to always be on my toes.

### SERVICE | MC DONALDS

2018 /12 - 2020 /06

I worked in the service position. I learned the service profession and became very service minded. I became good at multitasking, and also incredibly stress-resistant.

## EDUCATION

### BRUKSGYMNASIET, High School

MAJOR: NATURE SCIENCE | SWEDEN | 2017-2020

Graduated

### CULTURAL CARE, au-pair (nanny) course

AU PAIR, USA | 2021

The course included:

- CPR and first aid training
- food safety and childhood nutrition
- health in the home
- safety inside and outside the home
- stress management
- childrearing in the USA and behavior management strategies
- building self-esteem in children
- effective communication and how to build strong relationships
- personal safety

## QUICK FACTS

<b>Nationality:</b>	Swedish
<b>Passport:</b>	Swedish passport
<b>Date Of Birth:</b>	5/4/2001 (21)
<b>Health:</b>	Excellent, non-smoker, valid ENG1
<b>Covid Vaccine:</b>	Yes, moderna, triple dose
<b>Tattoos:</b>	Yes, two small visible on left arm, three small visible on right arm
<b>Driving License:</b>	Yes
<b>Marital status:</b>	Single
<b>Spoken languages:</b>	Swedish mother tongue, Norwegian fluent, English fluent, Spanish basic
<b>Current Location:</b>	Dubai,
<b>Availability:</b>	23/11/2022

## SKILLS

- Reliable and professional
- Attention to detail
- Service minded
- Multitasking
- Nanny experiences

## CERTIFICATES

### Level 2 Food Hygiene & Safety

HIGH SPEED TRAINING

### STCW | 2022

SAFETYGRUPPEN | SWEDEN

### Security Awareness | 2022

SAFETYGRUPPEN | SWEDEN

## HOBBIES

- Makeup and fashion
- Gym
- Health
- Traveling
- Photography and social media

## REFERENCES

Stewart Mills III | Boss | Au Pair | +1 (218) 330-8625  
Frida Baron | Colleague | Östhammars kommun |  
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