



MARIA BELEN NOWAK ZACHOZY

PHYSIOTHERAPIST/STEWARDESS

ABOUT ME

I am an enterprising woman, willing to learn and help people. I have been working in the restaurant industry, sales, self-knowledge and health during the last 18 years. I am a dedicated waitress and bartender, skilled in various scenarios such as catering for events, family restaurants, among others. I promise to provide a useful and fast service to satisfy the customer.

I would like to be part of a crew that helps me grow in the career of Sailing, where I can use my experience in hospitality and teamwork, providing owners and guests on board a pleasant stay.

CERTIFICATIONS

COURSES

- Therapeutic massage therapy. Centro N.Costamagna (2009)
- Level I, II and III Enneagram. Roberto Perez (2017, 2018, 2019)
- Knowledge of Wine and Tasting Level I. EAS (2022)
- Ceremony and Protocol for Waiters. A.Chatelain (2022)
- Professional Bartender. Inst. Arg.Coctelería (2022)
- Barista. International Cocktail Center (2022)
- Healthy Cooking Course (2022)
- Molecular Mixology (2022)
- Professional Makeup (2022)
- Food handling (2022)

MARITIME QUALIFICATIONS

- ENG1 Medical (due 09/23/2024)
- STCW (due 09/23/2027)
- Crisis management and human behaviour training (due 10/05/2027)

WORK EXPERIENCE

- Sole stewardess on M/Y Nirvana, 23m, Atlantic (12/2022-02/2023)
- Kinesiologist in a few Clinics and Rehabilitation Centers in the city of La Plata, Bs.As (09/2014-12/2021)
- Manager in charge of the Physiotherapy and Gym Areas, recruiting Kinesiologists and Physical Education Teachers, organizing schedules and vacations, paying overtime and listening to requests to generate a good working environment at CE.ME.RE (Medical Center for Rehabilitation) in La Plata, Bs.As (01/2019-12/2021)
- Employee performing Definitive Diode Laser Hair Removal at BRYZ Wellness and Aesthetics in Córdoba Capital (2013)
- Personal and Telecom Representative at Call Center Task Solutions in Córdoba Capital (2012)
- Massage therapist at home in Pellegrini, Bs.As (2007)
- Customer Service at: "Pizzarella", the "Holandesa" Cosas Ricas, "Lo del Chino" Drugstore, "MA" Ice Cream Shop, "La Plaza" Ice Cream Shop, "Barón Rojo" Nightclub, located in Pellegrini, Bs.As.

PERSONAL INFORMATION

- Nationality: Argentina
- Birth: 07/01/1987
- Languages: Spanish Native, English Elementary
- Passport: Argentine
- Visa B1/B2
- Fully vaccinated
- No Smoker
- No Drinker
- An invisible tattoo

CONTACT

- Mail: belennowak32@gmail.com
- Phone: +549 2392 502212
- Current location: Buenos Aires, Argentina
- Availability: From March

SKILLS

- Sympathy, empathy, service
- Intuition, reliability, innovation
- Organization, detail
- Communication skills and work under pressure
- Enthusiasm for learning and teaching
- Capacity for individual and team work
- Skills in building relationships
- Ingenuity to cheer up people around (even in stressful times)
- Positive attitude and mindset
- Team leadership

EDUCATION

UNIVERSITY EDUCATION

- Bachelor in Kinesiology and Physiotherapy
National University of Cordoba
(04/2007-02/2014)

- Waitress at: "La Frontera" Restaurant, "Lo de Nora" Restaurant, "Lo Quiroga" Restobar, Catering and Events in Pellegrini, Bs.As. and Waitress in Bars of Córdoba Capital (2008-2009).

REFERENCES

- +5491131305295-Leonardo Merlino (Captain of M/Y Nirvana)
- +523221806960- Florencia Mainet (Chief Stewardess)

