



KEANU MONG

Deck Hand
Fort Lauderdale

My Contact

✉ keanumong@yahoo.com

☎ +123-456-7890

📍 Fort Lauderdale

Personal Information

Nationality: South African

Language: English & Afrikaans

DOB: 1999/03/18

Visa: B1/B2

Marital status: Single

Health: Excellent

Tattoos: Yes

Vaccinated: Yes

Qualifications

- RYA Power boat level 2
- RYA Tender
- SYSA Deckhand
- STCW
- ENGI Medical

Hobbies

- Hiking
- Fishing
- Diving
- Health&Fitness
- Social media
- Cycling
- Reading

About Me

I am an energetic, ambitious person who has developed a mature and responsible approach to any task that I undertake or with any challenge or opportunity that I may be presented with in life. My passion for adventuring on the open seas has lead to complete the necessary training for me to embark and explore the working life of a deckhand. I trust to be successful in my pursuit.

Previous experience

Personal Training 2019-2022

Key responsibilities:

- One on one personal training
- Taper workout plans to client's needs
- Create diet plans for client's desired goal (weight loss/muscle gain)
- Group training (groups of 10-20 people)
- Boxing classes

Deckhand experience

M/Y HELIOS 2 | 51M | 12 October - 21 October 2022 (DAYWORK) Standard deck maintenance, wash down, dry and wax using Awl Care, cleaned and detailed engine room.

Reference

NAME : Ather
POSITION : Chief Officer
BOAT NAME : HELIOS 2
CONTACT : +1 360 536 6064